

# Relationships and Transference from a Radix Somatic Perspective

February 2023, Friday 24 - Sunday 26

## **Time**

9:00 am-5:00 pm each day

### Location

Adelaide

#### Venue

Sophia Centre 225 Cross Road Cumberland Park SA 5041



# This three day intensive workshop will blend experiential and didactic learning.

The Module will focus on Relationships and Transference from a body centred perspective, mainly-Radix. Participants will explore their habitual and momentary energetic and psychological relationship patterns and how these are impacted by the patterns of others—intimate partners, siblings, colleagues, clients and other social systems. The focus will be on the capacity for merging and differentiating, our character structures, what we invite energetically and non verbally as opposed to what we intend to invite. Each evening there will be some readings and there will be a project to complete during the workshop. This workshop is the eighth in a series of training modules.

Early Bird: \$820.00

(register and pay full fee before February 3

February 4 to 17: \$950.00

#### **Deposit**

\$450.00 (non refundable unless place is taken) Closing date for applications: February 17

#### Registration

Email: narellelmck@icloud.com with name and contact information

#### **Payment**

BSB 805 050 Account No: 2353332 Account Name: Australian Radix Training Centre

#### **Enquiries**

For more information about the Modular program: www.radixaustralia.com.au

#### Narelle McKenzie

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#### **Anthea Fraser**

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# **About Radix**

# Radix Somatic Psychotherapy is a wholistic and comprehensive approach.

Differing from other psychotherapies that are somatically informed, Radix Psychotherapy has the body at its central focus and understands the psychological constitution of the person from the somatic. This process work, with the emphasis on somatically unfolding rather than applying a method approach, supports the healing and expression of the client within the therapeutic relationship.

Radix has its history in the work of Psychiatrist Dr Wilhelm Reich who developed body based psychotherapy back in the early 1900's foreshadowing a contemporary understanding of the centrality of limbic and autonomic regulatory processes in affective and mental life (Sletvoid 2014). Radix has grown and developed out of this work over the last 50 years, providing a subtle, highly attuned and comprehensive process oriented work.

Training workshops are offered by the faculty of The Radix Institute in the USA and Europe, and The Radix Training Centre in Australia.

# **Trainers**



#### Narelle McKenzie

Narelle McKenzie is the Director and a Senior Trainer of the Australian Radix Training Centre and of The Radix Institute in North America. Narelle completed her training with the Radix Institute in 1982 and has an established private

psychology and psychotherapy practice in Melbourne. After completing her trainer training she co-founded the Australian Radix Training Centre. Narelle is a registered psychologist with thirty five years experience working in private practice with adults, families, couples and groups. She has a Masters in developmental psychology and extensive experience and training in psychotherapy and psychology. As part of her private consultancy Narelle has led experiential and training workshops on Embodied Psychotherapy throughout Australia, the USA and England. She is a Clinical Member and approved Supervisor on the Psychotherapy and Counselling Association (PACFA) Register, a member of the United States Association of Body Psychotherapists and a member of Peer Review Committee for the International Journal of Body Psychotherapy.



#### **Anthea Fraser**

Anthea Fraser completed her training with the Radix Institute in 1997 and has been a trainer for the Australian Radix Training Centre for 15 years. She is an Accredited MH Social Worker and has worked in the field for over 35 years in clinical social

worker, counselling and group work. Anthea has experience in a broad range of fields including mental health, community health, relationship and family work. She regularly facilitates Radix experiential workshops, Radix training workshops, relationships workshops and personal growth groups. Throughout her career Anthea has supervised allied health professionals and students. In 1999 she was certified in Imago Relationship Therapy. Anthea has run her private psychotherapy practice in Mount Barker, SA, for 20 years.